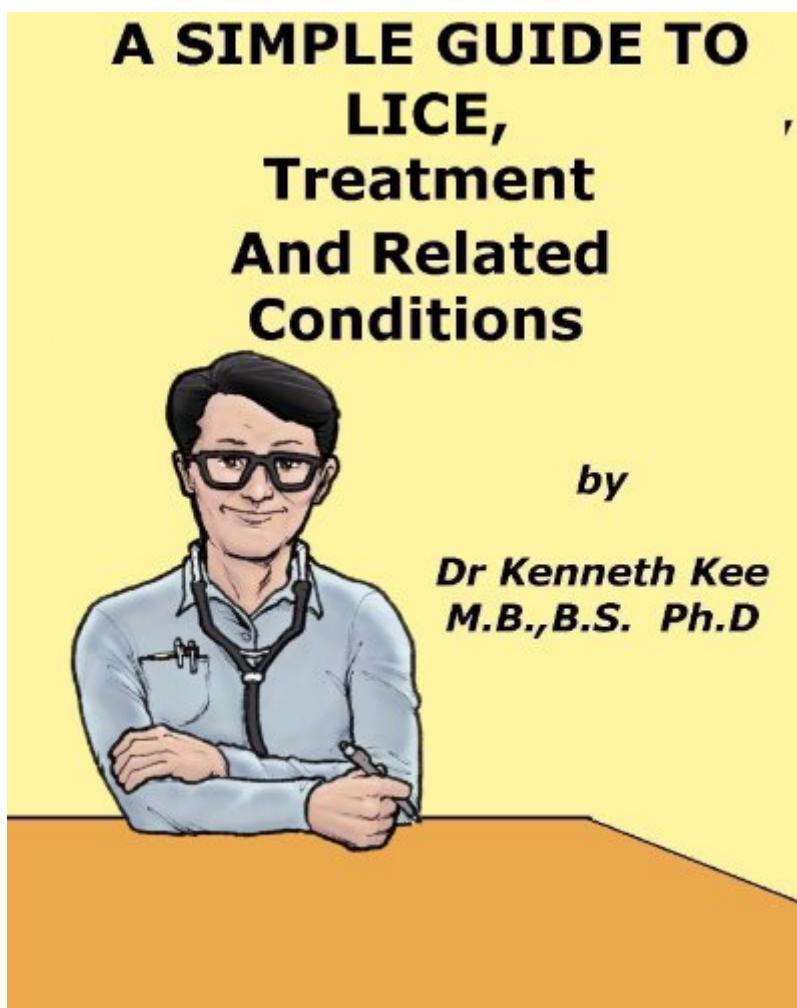


The book was found

# A Simple Guide To Lice, Treatment And Related Diseases (A Simple Guide To Medical Conditions)



## Synopsis

Introduction  
Ode to Lice  
Lice is a parasitic disease which live on the human skin  
It is associated with personal contact and poor hygiene.  
Body lice live in the seams and folds of clothing  
Pubic lice grows in the hair region of the pubic skin  
Head lice live on the skin covering the top of the head  
It produces nits on the hair shafts that are small ovoid eggs  
All lice cause intense skin rash and itching  
Lice and eggs can be seen on underwear or clothing  
Pubic lice are best treated with permethrin  
Other pesticides are benzyl benzoate and malathion  
They can be applied on the hair and the skin  
They are be used as a wash, shampoo or cream  
In most cases the lice are killed with the above lotions  
For hair lice nits need to be removed by fine metal combs  
Sexual contacts and family members should all be treated  
While clothing and bedding should be machine dried or heated  
-An original poem by Kenneth Kee  
Interesting Tips about the Lice  
A Healthy Lifestyle  
1. Take a well Balanced Diet  
2. There are various topical medications used to treat lice:  
a. Benzyl Benzoate lotion applied to affected areas and washed off after 30 minutes  
b. Pyrethrum 1% cream rinse applied to affected areas and washed off after 10 minutes  
c. Malathion 0.5% lotion applied for 12 hours and washed off  
Resistance to pediculcides is widespread and increasing.  
Nits should be removed with a fine comb.  
Bedding and clothing should be machine-washed, machine-dried using the heat cycle and allowed to dry in the sun.  
Patients should avoid sexual contact with their sex partner until all have been treated.  
All family members should be treated in order to eradicate the lice.  
3. Keep bones and body strong  
Bone marrow produces our blood  
Eat foods rich in calcium like yogurt, cheese, milk, and dark green vegetables.  
Eat foods rich in Vitamin D, like eggs, fatty fish, cereal, and fortified milk.  
Eat food rich in Vitamins B and C such as green vegetables and fruits  
Zinc and other minerals are important to the body  
4. Get enough rest and Sleep  
Avoid stress and tension  
5. Exercise and stay active.  
It is best to do weight-bearing exercise such as walking, jogging, stair climbing, dancing, or lifting weights for 2-3 hours a week.  
One way to do this is to be active 30 minutes a day at least 5 days a week.  
Begin slowly especially if a person has not been active.  
6. Do not drink more than 2 alcohol drinks a day for a man or 1 alcohol drink a day for a woman.  
Alcohol use also increases the chance of falling and breaking a bone.  
Alcohol can affect the neurons and brain cells.  
7. Stop or do not begin smoking.  
It also interferes with blood supply and healing.  
Cigarettes contain more than forty types of hazardous and possibly cancer causing chemicals which can harm the smokers and those around them

Chapter 1  
Lice  
Lice infestation is more commonly especially in the 1970 and 1980 where the nits are present on the hairs of many schoolgirls and rashes present on the under part of the thighs especially when sitting on wooden chairs or benches.  
The Louse (singular for Lice) is a parasite called Pediculosis which can live on the skin.  
It can occur at the

1. Head or Pediculosis Capitis

Pediculosis Capitis (hair lice) grows on the skin of the scalp. It causes itchiness of the scalp and produce nits (small ovoid eggs) on the hair shafts. 2. Body or Pediculosis corporis  
Pediculosis corporis (body lice) grows on the hairy areas of the body especially the hairs of the chest, arm pits, groin and limbs. It also causes itchiness of the skin of the body. It is also spread by personal contact, clothing and is associated with poor personal hygiene. 3. Pubis or Pediculosis Pubis  
Pediculosis pubis (pubic lice) usually grows in the hairy areas of the pubic area and causes itchiness.

Introduction Chapter 1 Lice Chapter 2 Interesting Facts of Lice

## Book Information

File Size: 451 KB

Print Length: 86 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 25, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00J9HK0A0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #3,934,665 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #81 in Kindle Books > Health, Fitness & Dieting > Children's Health > Lice #146 in Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Infectious Disease > Parasitology #261 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Contagious Diseases

[Download to continue reading...](#)

How To Treat Head Lice In 14 Minutes: Treatment, Removal, Home Remedies, Hair Lice Shampoo, How To Kill Lice Eggs, Body Lice Nits, How Do You Get, Head Lice Facts Book A Simple Guide to Lice, Treatment and Related Diseases (A Simple Guide to Medical Conditions) Get rid of lice and nits: Head lice, pubic lice and body lice advice, treatment and prevention A Simple Guide to Zinc Deficiency, Its Function and Treatment and Related Conditions (A Simple Guide to Medical

Conditions) A Simple Guide to Cystic Fibrosis, Treatment and Related Conditions (A Simple Guide to Medical Conditions) A Simple Guide To Chronic Obstructive Lung Disease, Diagnosis, Treatment And Related Conditions (A Simple Guide to Medical Conditions) A Simple Guide To Non-Alcoholic Fatty Liver, Diagnosis, Treatment And Related Conditions (A Simple Guide to Medical Conditions) A Simple Guide to Autoimmune Hepatitis, Treatment and Related Diseases (A Simple Guide to Medical Conditions) A Simple Guide to Pleural Effusion, Treatment and Related Diseases (A Simple Guide to Medical Conditions) A Simple Guide To Bronchiectasis, Diagnosis, Treatment And Related Diseases (A Simple Guide to Medical Conditions) A Simple Guide to Liver Cirrhosis, Treatment and Related Diseases (A Simple Guide to Medical Conditions) A Simple Guide to Ascites, Treatment and Related Diseases (A Simple Guide To Medical Conditions) A Simple Guide to Portal Hypertension, Treatment and Related Diseases (A Simple Guide to Medical Conditions) Natural Lice Treatment: How To Get Rid Of Lice and Nits Without Combing or Toxic Chemicals (Kill Lice Naturally Without Any Pesticides) (Organic Pest Control) How to get Rid of Lice - All About Lice : Lice Treatment, Detection, Management Get Rid Of Lice: Lice 101 and Stopping Lice Safely HEAD LICE TREATMENT-- 14 DAY TREATMENT-How to get rid of Lice Of Bed Bugs, Lice And Scabies! Skin Infections. (A Simple Guide to Medical Conditions) Head Lice Treatment That Works! How to Safely and Effectively Get Rid of and Prevent Head Lice Head Lice Treatment: How to Treat Head Lice Using Essential Oils

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)